



RAW REVOLUTION BARS

Raw Energy.

Enzymes found in these live-food bars help the digestion process by breaking up food particles and providing energy. I'm amazed at how delicious they are—it's like eating dessert that replenishes and gives new life to the body. I loved snacking on these light, yet somehow filling treats fter yoga or dance classes when it was too late to eat a proper meal. » [VIA PUJA MENZIES](#)



TEKO WOOL SOCKS

Sock the Talk.

Teko claims their EcoMerino wool light hiking socks are the “best socks on the planet” and “best socks for the planet.” And I agree. These aren't the heavy, bulky, itchy wool socks grandma used to give you—these high performance light hiking socks are incredibly cozy, durable, itch-free, chlorine-free, moisture and temperature regulating and super soft. Perhaps their superiority comes from the organic merino wool that is sourced from a certified and accredited organic wool farm in Argentina. I'm sold. » [VIA ABBEY SMITH](#)



ETHLETIC TRAINERS

Conversely.

Didja know that Chuck Taylors, that icon of America and independence, have been bought up by Nike and are made in Asia? Fortunately for punks and hipsters everywhere, there's a mindful alternative. “Ethletics” are so ethically produced, the Forest Stewardship Council's logo is stamped on their sustainably-sourced rubber soles. I got my pair courtesy the good folks at econscious, who co-hosted The Giving Suite at Sundance...you can get yours through our web site. So next time you work up a sweat in these old-school fair-labor kicks, you'll know you're the first to have done so. » [VIA WAYLON LEWIS](#) [elephantjournal.com/shoppe](#)

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